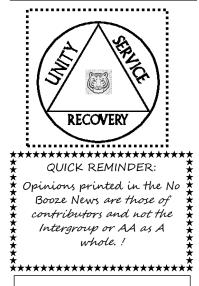


East Valley Intergroup, Inc. 1855 E Southern, Suite 103 Mesa, AZ 85204 480-834-9033 Fax: 480-964-4639 info@aamesaaz.org www.aamesaaz.org

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Sober at Ground Zero -co	ont. 12



E-mooze w/ No Booze News: info@aamesaaz.org

# **NO BOOZE NEWS**

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# **Happy Together in Recovery**

They Learned a lot of Lessons Along the Way.

**By** the time I arrived in AA, I had been burnt in all of my relationships (although I admit I lit the flame myself a few times), and I wasn't interested in ever dating again. At four years sober, I did start dating again, both in and out of the program, but I still wasn't very interested. One friend from my home group, twenty years my senior and recently divorced, used to join me for breakfast once or twice a week before our meeting, and we'd share our funny dating tales. Did we laugh! You know, after several months of this, we realized that our friendship could develop into something else. We began dating each other, and tried to take it slowly. We're still together, very happily, nearly nine years later.

#### **Quote of the Month**

-And they both laughed very heartily and said, "That's better than you've been doing, isn't it?" Which of course was true. They said, "We've got some bad news for you. It was bad news for us, and it will probably be bad news for you. Whether you quit six days, months, or years, if you go out and take a drink or two, you'll end up in this hospital tied down, just like you have been in these past six months. You are an alcoholic."

П

-AA Number Three -pg.187 

We learned a lot of lessons along the way. We learned that we couldn't belong to the same home group, and that only occasionally could we go to meetings together. We each needed to maintain our own program, and when we were in an AA meeting, our focus needed to be on the meeting itself. When we were a new couple, we were too focused on each other to get anything out of a meeting. We learned that in the relationship, our friendship was the most valuable thing we had, and that our romantic inclinations were secondary to the friendship. We learned not to call one another's sponsor. We learned not to try to sponsor one another. We learned to pray together. We learned to be honest with one another. We learned to cherish one another. cont...on 2

#### Page 2

-Continued from page 1. (Happy Together...)

In AA, we find lives we never could have imagined. I also found the kind of relationship I didn't know I could have. I think that if two people in the Fellowship keep their recovery primary and central in their lives, and have some solid recovery time behind them, they *can* date each other without disaster unfolding. While it is true that we are in AA because we have a disease that can wreak complete havoc in our lives, it is also true that we are working on a solution. As long as the solution, rather than our relationship, is central in our lives, we can achieve true partnership.

#### Sober at Ground Zero

#### A courageous sober doctor fights the good fight in the COVID-19 wards of a hospital near Wuhan China.

At the end of 2019, the outbreak of coronavirus emerged in Wuhan, the largest city in central China. Wuhan is just two hours from the city where I work as a physician.

Many medical staff I knew who had close contact with the infected patients were infected themselves. At the time, I didn't pay much attention to this developing situation in Wuhan. I thought the new infection was being exaggerated in the press for eye-catching headlines. I told my family about my opinion over dinner, but my mother was worried and warned me to be careful.

My daily routine at work continued. I arrived at the hospital at 8 a.m. I treated patients as usual. I also worked at a respiratory disease clinic every Tuesday. We were extremely busy during late winter and early spring, working for more than 10 hours a day without taking weekends or holidays off.

In the evening, I often joined an AA meeting through YY channel, an interactive live app used in China. Since there are only three local AA members in our city and we live far away from each other, YY channel was the most convenient platform to hold an AA meeting. It allowed us to communicate with each other at a distance. My life was busy but fulfilling. Then everything changed. In late January of 2020, Chinese authorities escalated the alarm level, activating the top-level emergency response as the novel coronavirus epidemic spread quickly. It looked like this new and bigger outbreak of respiratory disease might be far worse than the 2002 SARS crisis. I panicked because the virus is an infectious disease of the respiratory system and I am a respiratory specialist. It only takes two hours to travel from my city to the epicenter of the epidemic, which meant that the ongoing coronavirus outbreak would soon be affecting my city, my hospital and me.At home, I spoke to my mother calmly, but she was very upset. Nine months earlier I had been drinking all day long, lying on the floor and taking a lot of sedatives before I went to work to deal with hangovers. She didn't want me to go back to that.

Knowing the truth of what was coming our way, that night I tucked my 4-year-old son in after a bedtime story and felt awful that I'd been addicted to alcohol for so many years. I missed all the precious time that I should have spent with him. I felt ashamed that I hadn't been a great father. My boy was almost asleep but suddenly I wanted to hear him call me Dad again. I whispered into his ear and asked for him to call me Dad one more time. He said the word I needed to hear and then fell asleep.

## From the Twelve Steps And Twelve Traditions

So **Step Six**—"Were entirely ready to have God remove all these defects of character"—is A.A.'s way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words "entirely ready" underline the fact that we want to aim at the very best we know or can learn.

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC, Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

<b>F</b>						
EAST VALLEY INTE	RGROUP – Gratitu	de	With Service form <i>revised 9/020</i>			
Return t	Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204					
(480) 827-1905 <i>e-maik</i> : <u>info@aamesaaz.org</u> <u>www.aamesaaz.org</u>						
Date *First Name Last Last						
   Address			*Phone			
   *City	*\$T	*;	*Zip *Gender			
   *Sobriety Date	Home Group					
e-mail address	e-mail address Alt Phone					
	* = required for listing in 12 <sup>th</sup> Step List					
[] No Booze Ne	ws Subscription / Renewal	(\$18.0	3.00 annual subscription fee enclosed)			
Volunteer Service O	Volunteer Service Options Committees of Interest					
Check only those you are willing to	o commit time to		Check only those you are willing to serve on			
i I 12 <sup>th</sup> Step List Volunteer Phon	es Night & Weekend	0	] Public Information / Cooperation with the			
[] Weeknights []	Weekends		Professional Community			
[] Weekends []	Weeknights	[]	] Special Events			
[] Weekdays		[]	] Literature			
		[]	] Newsletter ( <i>No Booze News</i> )			
[] Office Phone Volunte	er	[]				
[] Other Office Help		0	] Deliver A Meeting			

# Group, District, and Area AA Announcements

# ROUNDUPS, CAMPOUTS AND CONFERENCES

KIABAB LAKE ROUNDUP JULY 1 ~ 3 WILLIAMS AZ

PROMISES IN THE PINES AUGUST 19 ~ 21 SHOW LOW AZ

PRESCOTT SHOESTRING ROUNDUP AUGUST 26 ~ 28, 2022 PRESCOTT RESORT AND CONFERENCE CENTER

# Check the events page on our website. We will post information as it becomes available.



PACIFIC REGIONAL FORUM LIVE !!!

> SEPTEMBER 16 ~ 18, 2022 75 W TEMPLE ST. SALT LAKE CITY, UT (MARIOTT DOWNTOWN)

#### Area 03 - Virtual Workshops

## 12 X 12 X 12

Steps, Traditions and Concepts Every 4th Thursday at 7pm Meeting ID: 843 7907 2144 Passcode: 523310

## VALLEY OF THE SUN AA FOUNDERS DAY CELEBRATION 2022

SATURDAY **JUNE 11,** 10AM - 4PM OUR LADY OF MT. CARMEL CHURCH 2121 S. RURAL RD. TEMPE REGISTER FOR FREE WWW.AZFOUNDERSDAY.ORG

> Subdistrict 08-820 Quarterly Potluck and Speaker Meeting July 16, 2022 5pm to 7pm 1050 W Superstition Blvd. (Epiphany Lutheran Church) Hosted By - The Way Out Group

#### VALLEYWIDE H & I

<u>CORRECTIONS WORKSHOP,</u> 11AM JUNE 11, 2022 ZOOM ID: 967 6993 2179 PASSCODE: 552877

<u>TREATMENT CENTER WORKSHOP,</u> 11AM JULY 16, 2022 ZOOM ID: 967 6993 2179 PASSCODE: 552877

## Area 03

Hybrid Post Conference Assembly Live and on Zoom June 25, 2022 Area03.org for more information

2022 Area 03

#### Arizona State Convention - Live

August 26 ~ 28 5655 W Valencia Rd. Tucson AZ (Casino Del Sol) With Al-Anon participation.

# Page 4

## **Sober Anniversaries**

Name	Date	Days
Alcoholics	Anonymous 6/10/1935	31777
Ralph H		17532
James M	6/30/1977	16436
Rodger G.	6/8/1980	15340
Diana C		15340
	6/4/1987	
Paula K		12784
	6/2/1991	
	6/2/1995	
Ken C	6/2/1998	8766
Lori K		8401
Angela P	6/21/2000	8035
Stacey S	6/7/2001	7670
	6/1/2003	
	6/6/2003	
	6/1/2004	
Tracy Z		6574
	6/1/2005	
	6/5/2008	
	6/8/2008	
	6/1/2010	
	6/7/2010	
Ross S	6/30/2010	4383
Larry J	6/9/2012	
	6/16/2015	
	6/24/2017	
Laura R		1461
	6/20/2018	
Courtney V	V6/29/2018	1461
	6/2/2019	
	6/1/2020	
	6/20/2020	
Julie P	6/4/2021	

\*\*\*\*\*\*\*\*\*\*\*\*\* \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* \* At Wits End Night Class A man is stopped by the cops around 2 a.m. and is asked where he is going at that time of night. The man replies, "I am on my way to a lecture about alcohol abuse and the effects it has on the body, as well as smoking and staying out late." "Really?" the officer asks." Who's giving that at this time of night?" The man replies, "That would be my

wife."

—Jeanne K., Willits, Calif.

Road to Recovery Group has moved.

They are now meeting at:

6134 E Main St. Suite 102

(next to the Goodwill store)

Changing the things we can.

\*\*\*\*\*



# GOT SERVICE?? INTERGROUP SERVICE OPPORTUNITIES PAGE 6

## PI / CPC

(Public Information and Cooperation with the Professional Community) Meets 1st Monday's at 7:00pm 1855 E Southern Ave #103 (EVI Office) and on Zoom Zoom ID: 984 4383 7353 Passcode: 061035 Come help carry the message at the public level and to professional groups who have contact with alcoholics. For more information contact: 480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org

# EVI Sponsorship Workshop

10am the 1st Saturday of every other month Check aamesaaz.org for location information Contact: Ken H. HOST GROUP SCHEDULE

July 2 ~ Easy Does It

#### Join the

# **EVI Unity Committee**

#### Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

#### aamesaaz.org

## Contact 480 827-1905

Office Volunteers & EVI Hot Line Phones 4 hour shifts in the EVI office Call Roxanne for specific times and days.

\*\*\* Fill in Shifts Available \*\*\*

# EVI Phone Workshop

Third Friday's at 6:15 pm Before the monthly business meeting at

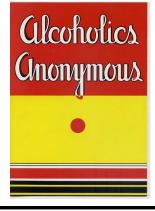
> On ZOOM aamesaaz.org

> > Or

#### Workshops can be done at your Group !



For more information Call Lisa V. 480 827-1905



## **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting 1st Friday of the month 2222 S Price Rd. Tempe contact: 480 827-1905

# **EVI** Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

<u>\*Now Live only, no more ZOOM\*</u>

# June 3 ~ Women in Gratitude!!!!

July 1 ~ The Society

These are subject to change - so keep watching.



# Central Office Manager's Report May 20, 2022

In April we received 419 requests for information and assistance last month. Of those 116 calls were for meeting info, 108 were office visitors and 17 resulted in a 12-step call. Our website stayed busy too. It had 22,621 visits in the last 30 days. Our Google totals for March were 3,815 views. Of those 430 went to our website, 71 requested directions and 76 gave us a call.

We will be having a booth with literature and information at the upcoming Founders Day celebration. All Grapevine books will be sold at the discounted price of \$10 each for this event. If your group would like to place a literature order to pick up just call the office and we will have it there for you. The Literature Chair position is currently open. Please consider volunteering for this rewarding service.

The weather is warming up and along with it comes the Campout and Roundup season. We have information available on most of the upcoming A.A. events in AZ and surrounding states on our website, at the office and in the No Booze News. Please share your IGR newsletter copy with your group and encourage them to subscribe for home delivery.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have complete contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this, it is important to keep this information up to date. Service opportunities are always available on all EVI committees and the 12<sup>th</sup> step list. Please take some Gratitude with Service forms back to your group and encourage members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim Watkins Central Office Manager, East Valley Intergroup

		Meeting	List Up	odates
EVI CENTRAL OFFICE ACTI	νιτγ		-	
	2022			
Meeting Information Calls 116		Uur website (aamesaaz.or	g) is being updated	d weekly. Check it out for the
General Information				
Referred to Salt River Intergroup 6			h groups are meet	ing and where.
Referred to Al-Anon 12		New Meetings:		
Referred to Community Info0		Fe Y Esperanza 145 E 1st Ave	e. Mesa	SA 9:00a O, Spanish
12th Step Calls 17		Superstition Sunrise 702 S Mer	ridian Rd Anache	Junction SU 1:00p Open
Business Calls			ilaian na. ripuone	Junetion be heep open
Office Visitors	454			
Meeting lists printed		Changes:		
Info request via E-mail			··· 0104 TING: 04	<b>Nf</b> =
Desk Volunteers-Reg/Sub/None		Road to Recovery Has moved	to: 6134 E Main St	. Mesa
Desk Volunteers-Reg HRS YTD.	400nrs	Tempe Nooners is now meeting	g at 8:30am	
Web Stats			-	
Website Visits last 30 days 22,621, YTD 114	,684			
Google Searches last 30 days 3,815		Deletions:		
		1		
	District 08		Valleywide H &	
East Valley Intergroup 1855 E Southern Ave. Suite # 103	PO Box 12		PO Box 80126	5060
Mesa, AZ 85204	Tempe, AZ	. 05204	Phoenix, AZ 8	5060
Mesa, AZ 03204	District 08	-819		
Alcoholics Anonymous - Contributions	PO Box 59		Example of G	roup Contributions to A.A.
PO Box 2407	Mesa, AZ 85211		Service Entities	
James A Farley Station			Distribution of f	unds from groups that
New York, NY 10116-2407	District 08 PO Box 19			<b>.</b>
New TOR, NT 10110-2407		on ek, AZ 85142-9998	support four set	rvice entities
General Service Office - correspondence	Queen cre	GR, AL 00142-3330	10% to District	10% to Area
PO Box 459, Grand Central Station	District 08	(Maricopa County)	30% to GSO	50% to Intergroup
New York, NY 10163	PO Box 45066			
n <i>'</i>				
	Phoenix, A	Z 85064		II.
Area 03 Treasurer ** NFW **	Phoenix, A	Z 85064		
Area 03 Treasurer ** NEW ** PO Box 2065	Alcoholico	os Anonimos - Oficina		
PO Box 2065	Alcoholico 2720 E Tho	os Anonimos - Oficina omas Rd. B#180		
	Alcoholico	os Anonimos - Oficina omas Rd. B#180	(	

# **GROUP CONTRIBUTIONS**



Page 8

GROWR	<b>T</b>	VIID
<u>GROUP</u>	<u>April</u>	<u>YTD</u>
11th Step Candlelight		
2121 Beginner Workshop 24 Hours A Day		
417 Group		
A Vision For You Group		
ABC Group		
Ahwatukee Group		
Ahwatukee Saturday Men's	476.94	\$759.58
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group		
As Bill Sees It QC		
As You Wake Up		
Attitude Adjustment Ahw		
Attitude Adjustment CG		
Basic II BBookworms		
Bloopers		
Bootstrap Men's		
Both Books		
Breakfast Club		
Busted Ego		\$0.00
By The Book		
Chandler Men's Stag Group		
Chandler Noon Group		
Chandler Women's Big Book Gr	-	
Common Solution		
Common Thread		
Courage To Change		
East Phoenix Men's		
East Valley Men's Stag East Valley Veterans		
Easy Does It Group		
Eye Opener Group		
Family Recovery Group		
Feelings and Solutions		
Fill in the Blank		
Firehouse Meeting		\$75.00
Florence Group		
Friday Night BB		
Get It Together		
Gilbert Group		
Gold Canyon 12 X 12 Group Good Ol' Back to Basics		
Good Or Back to Basics		
Grateful Dames		
Grateful Girlfriends		
Gratitude Group		
Great Start		
Gut Level		\$0.00
Happy Hour @ Sunbird	\$150.00	\$150.00
Hope For Today		\$41.22
How It Works		• • • • •
Keepin It Real Ladies		
Ladies Lunch Bunch		
Last Resort		
Life In The Big Book		
Maricopa 12 X 12 Maricopa Group		
Maricopa Group Mid-Morning Group		
Miracle House		
Monday Night Madness		
Morning After		
Name In The Hat		
New Beginnings	\$200.00	\$200.00
New Spirit Group		\$406.00
No Big Deals		
No Name AA Group		
Opportunity Knocks		
Page A Day	\$955.02	\$2,354.27

GROUP	<u>April</u>	<u>YTD</u>
Patio Group		
Pioneer Group		
Price Is Right		
Primary Purpose Group		
Progress Rather Than Perfektion		
Province Group		
Putting God First		
Queen Creek Nooners		
Re-Awakening Group		
Remember When		
Renewed Spirit Rising Spirit		
Road To Recovery		
Rock Solid		
San Tan Men's		
Second Chance Group		
Serenity Now		
Shade Tree		
Sisterhood Of Solutions		
Sobriety is Gold		
Sobriety Rocks		\$0.00
Society Group	\$1,000.00	\$1,000.00
Some Are Sicker Than Others		\$250.00
Southeast Valley Stag	\$800.00	\$800.00
Spirited Women		
Step By Step Group		\$99.97
Steppers		
Stepping Stones		
Sunday Afternoon Step		
Sunday Night BB Step Study		
Sunday Serenity Seekers		
Sun Lakes Women Serenity Seeker		
Sunset Group		
Tempe Group Tempe Nooners		
Tempe Nooners Tempe Sunrisers		
Tempe Sumisers The Library		
The Real Thing		
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$0.00
Upon Awakening		\$900.00
We Ain't Dead Yet		
We Agnostics		
We Can Group		
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		
Who's Driving Your Bus? Wolf Pack Group		
Women in Gratitude		
Women in Solution		
Women in Touch		
Wonder Women-disbanded		
*Anonymous Groups		
OTHER GROUPS/COMMITTI		• • • • •
Apache Lake Campout		\$0.00
AZ AA Women's Conf		
District 08		
Dist 08-813		\$0.00
Dist 08-820		\$0.00
Meal and a Message		\$0.00
Group Totals	\$9,144.76	\$28,582.77
EVI Committees	\$63.85	\$306.35
Individual Contributions	\$1,513.00	\$2,875.00
GRAND TOTALS	\$10,721.61	\$31,764.12
*Group contribution with no group name l	isted)	

Financial Statements		Page 9
BALANCE SHEET April 30, 2022	PROFIT & LOSS STA April, 2022	
Assets Current Assets Checking 9,696.8 Prudent Reserve (Savings) 42,398.8 Accounts Receivable 975.1 Inventory Asset 27,339.3 Undeposited Funds 0.0 Fixed Assets Cash On Hand 50.0 Office Equip/Furnishings 22,538.0 Depreciation (-22,538.0 Depreciation (-22,538.0 <b>Total Assets \$85,478.3</b> Liabilities Accounts Payable 0.0 Visa Credit Card 0.00	<ul> <li>35 Group contributions totaling 10 Individual contributions totaling Intergroup Business Meeting &amp; Service Committee's 7th Tradition</li> <li>Total Contributions</li> <li>Total Income</li> <li>Less total Cost Of Sales</li> <li>Gross Profit</li> <li>Less total Expenses of</li> <li>Net April Gain</li> </ul>	\$63.85 \$10,721.61 \$13,722.61 \$1,986.88 \$13,074.69 \$11,735.73 \$4,986.71
Payroll taxes 110.0 Total Liabilities \$110.0 Equity Opening Balance Equity 43,778.9 Retained Earnings 33,242.6 Net Income 8,346.7 Total Equity \$85,368.3 Total Liability & Equity \$85,478.3	YTD 2022 GainThe current Prudent Reserve balandThe Prudent Reserve has been establinThe Prudent Reserve has been establinIn the range of \$36,760 - \$44,112.Please call me with any questions or regarding the financial statements.Grateful to be of service, Joseph M. EVI Treasurer	olished for 2022

## **Traditions Checklist**

<u>Tradition Six</u>: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1) Should my fellow group members and I go out and raise money to endow several

AA beds in our local hospital?

2) Is it good for a group to lease a small building?

3) Are all the officers and members of our local club for AAs familiar with "Guidelines

on Clubs" (which is available free from GSO)?

4) Should the secretary of our group serve on the mayor's advisory committee on

alcoholism?

5) Some alcoholics will stay around AA only if we have a TV and card room. If this is

what is required to carry the message to them, should we have these facilities?

# **EVI MONTHLY BUSINESS MEETING**

#### East Valley Intergroup Business Meeting Minutes

May 20, 2022

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer.

#### Attendees:

Ahwatukee Bookworm –Shauna H, Ahwatukee Group – Kara, Ahwatukee Men's – Adam, Bloopers – Cris, Bootstrap Men's – Rob, Bottom of the Bottle-Kyle, Dr.'s Nightmare- Darius, East Valley Men's Stag – Charlie, Easy Does It-Marge, Gold Canyon Firehouse – CJ, Good Orderly Direction – Ronnie, Happy Hour, Morning After – Rose, Life in the Big Book – Nina, Page a Day – Jon, Patio Group-Tim, , Queen Creek BB Study-Kerry, Rising Spirit – AJ & Elizabeth, Road to Recovery – Regina & Jerry, Sobriety is Gold-Shari, Society-Fay, Southeast Valley Stag-Gary, Step by Step – Richard & Tony, Steppers-Tom, Stepping Stones-Monica, Sun Lakes Serenity Seekers – Deb, Sunday Night BB Step Study – Dave, Sunset Group – Ken, Tempe Group – Susan, Tempe Nooners – Shap, The Real Thing-Roxanne, The Way Out – Michael, Tumbleweeds – Scott, Upon Awakening – Tom, Women in Gratitude – Susan.

#### Welcome to the New Reps:

Darius - Dr. Bob's Nightmare; Tanner - Over the Influence

Committee and other Trusted Servants:

Service Position	Name	Present	Service Position	Name	Present	Service Posi-	Name	Present
Chair	JJ.	Х	Office Manager	Kim W	Х	H&I Liaison	Dave T	Х
V. Chair	Barb M	Х	Chair- Special Events	Mindy		Spanish Liaison	Natalie	Х
Treasurer	Joseph M	Х	Chair- PI/CPC	Andrea	Х	Al-anon Liaison	Vicki B.	
Secretary	Lois L.		Chair- Phones	Lisa		DCM 08-818	Tim G	
Advisor- Special E	Sharon		Chair- Unity	Ben R	Х	DCM 08-819	Robert S	
Advisor- PI/CPC	Regan	Х	Chair- Sponsorship	Ken C	Х	DCM 08-820	Wayne S	х
Advisor- Phones	Gary L.		No Booze News	x	Х	ALT DCM 08-	Carol	Х
Advisor- Unity	Cole L.	Х	Chair - Literature	open				

J welcomes everyone. Monica read the 12 Traditions. Introduction of new reps, both in person and virtual. Secretary's Report: Lois L. – Not Presented, report in packet. Wayne made motion to accept – Charlie 2nd. Motion passed. Treasurer's Report: Joseph M- reviewed report from the packet. Ken made motion to accept – Aaron 2nd. Motion passed

7<sup>th</sup> Tradition: \$ 41. You can make a 7<sup>th</sup> tradition contribution on the EVI website <u>www.aamesaaz.org</u> Chairperson's Report: J J. – Nothing new to report.

Vice Chairperson Report: Barb M.- attended several meetings 08-818 and 08-819 Sub District meetings.

**Office Manager Report:** Kim W. –. Kim went over highlights from written report in packet. EVI will have booth at upcoming Founder's Day event. Will be selling Grapevine books will be sold at the discounted rate of \$10. Reviewed charges for using Paypal. Will bring exact number of transaction cost next month. Best way to send contribution online is bill pay from bank account (old school but no fees). Kim fielded question about Special Event budget money- explained by removing the Special Events income and expenses it will not inflate the prudent reserve. Need literature chair. Folding Day is Wednesday, May 25<sup>th</sup> at 9am – donuts, coffee, and fellowship.

#### STANDING COMMITTEE REPORTS

**PI/CPC:** Andrea M. – reviewed report in packet. Many opportunities for service work. Please send tell homegroups, sponsees. We meet the first Monday of the month, 7PM at EVI office.

**Special Events:** not present – Report in packet.

#### Phone committee: Not Present

**Unity Committee:** Ben – This committee reaches out to "dark" meetings in the East Valley (meetings without an EVI rep). We can use some more volunteers on the committee.

#### Page 11

#### **Business Meeting Minutes Continued**

**Sponsorship Workshop**: Ken C. - We hold a Sponsorship Workshop on the 1<sup>st</sup> Saturday of all odd months (every 2 months). Bring 3 – 6 people to share their experience with being a sponsor or being a sponsee. Easy Does It group will host the July 2nd workshop. 10AM at the EVI office. 2022 Calendar is full – good job!!!

No Booze News (NBN) Newsletter Editor: Not Present

Literature: position open. Contact EVI Chairperson, J. Johnson if interested

#### LIASION REPORTS

Al-anon Liaison: Not Present

H&I Liaison: Dave T. – working with treatment centers and jails to bring the A.A. message.

Spanish Liaison: Natalie – no updates at this time.

Sub District 08-818: Tim G. - not present

Sub District 08-819: Robert S. - not present

**Sub District 08-820**: Wayne – July 18<sup>th</sup> is next Quarterly Potuck- Hosted by The Way Out, Ron S. is speaker.

OLD BUSINESS: none

#### NEW BUSINESS: none

#### ANNOUNCEMENTS:

- Founders Day is June 11<sup>th</sup> at 2121 S. Rural, starts at 10AM – 4PM www.azfoundersday.org

-Rocky Point Round Up is happening in October, asked for Round Up committee to update website.

7:33 pm Ken - Motion to close meeting. Monica - Seconded. Passed. Meeting Closed with Responsibility Declaration. Thank you for allowing me to be of service,

Andrea M.



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 	What's an AA Group?
l Ju	ne 1986 Copyright © A.A. World Services, Inc.; reprinted with permission
Т	he group conscience of AA in the U.S. and Canada seems to have agreed upon six points that define an AA group:
	) All members of a group are alcoholics, and all alcoholics are eligible for membership.
2	) As a group, they are fully self-supporting.
3	) A group's primary purpose is to help alcoholics recover through the Twelve Steps.
4	) As a group, they have no outside affiliation.
5	) As a group, they have no opinion on outside issues.
6 6	) As a group, their public relations policy is based on attraction rather than promotion, and they maintain personal anonymity at the level of press, radio, TV, and film.

#### Sober at Ground Zero continued...

As the head doctor of the febrile outpatient clinic, I was in charge of diagnosis and treatment of fever patients. Before we saw each patient, we were very careful about washing hands and other measures. We wore protective suits, safety goggles and surgical masks. However the masks were uncomfortable and too tight. They stuck to my skin. The suits prevented me from drinking too much water. I would have to undo everything to go to the bathroom. My breathing fogged the lenses of my goggles and blocked my vision. It was very difficult work, especially without any rest.

More medical staff were urgently needed, and medical supplies were running low. Some of my colleagues were quarantined due to close contact with infected patients. I felt anxious and worried before I stepped into the clinic every day, afraid I would be sick soon.

When I could, I called my sponsor before I started a shift at work to keep grounded and focused. I prayed the Serenity Prayer and tried very hard to turn everything over to God. My sponsor was a big help. I felt enormous relief after every call. Those calls meant a lot to me.

Soon my city was put in lockdown. There were no public transportation services and restaurants and shops closed. Cars and pedestrians in the city dwindled, which reminded me of a scene in a horror movie.

I woke up every morning and prayed for this disease to be cured soon. I prayed to God to remove every single defect of character that stood in my way—fear, anger and resentment. Prayer helped me feel relaxed in a very difficult situation. According to the Twelve Steps and Twelve Traditions, the soldiers during World War II who were in AA were just as capable of endurance and valor as any other soldiers. And so was I. I knew that I was as good as any other respiratory doctor. Maybe I was even better because I live with sobriety and serenity.

I was able to join an AA meeting every night online. Although group activities were restricted, I could still share my stories with other AA members all over the country. As an AA member and as a doctor, I knew we would fight this virus together. I felt satisfied and fulfilled through the Fellowship and I sensed the presence of God in our work. I'm proud that I am a recovering alcoholic who is still useful in my community and in the Fellowship. Through the Twelve Steps, I had an incredible spiritual experience. I felt it was an honor to be able to put on my headphones and whistle to music like a child on my way to work every day where I helped people who were struggling with the disease.

Today, I feel love from God and I'm so grateful that I have a loving family, healthy children, a nice house and plenty of food. Also, I have my confidence as a doctor and a father back, thanks to AA. God has granted me serenity through sobriety that I could never get from alcohol.

BY: T.Y. | OLATHE, KAN